



# The Friendship Force of Sacramento

[www.thefriendshipforce.org](http://www.thefriendshipforce.org)  
<http://friendshipforcesacramento.com>



Peace Through Friendship

November 2007

## Calendar of Events

|                            |   |
|----------------------------|---|
| Nov 15                     | Last date to RSVP to Madelene English for Holiday Party. See below.   |
| Nov 20                     | Meeting for India & Nepal Exchanges, 1:00pm hosted by Chris Smith. Located at 615 27 <sup>th</sup> St., Sacramento. RSVP at (916)-930-0922.   |
| Nov 27                     | Board meeting, 10:00am followed by a light lunch, hosted by Lynn Meyer. Located at 9040 Windcove Ct, Fair Oaks. All EDs are invited to attend and update the board on upcoming exchanges. Please call Lynn at (916)-987-2426 if unable to attend. |
| Dec 2                      | Holiday Party, 11:00am – 3:00pm. The Clubhouse at Woodcreek Golf Club. Cost \$20. Prepaid reservations required. See details inside.  |
| Mar 10-12, 2008            | Western Regional Conference, San Diego, California. See details inside.   |
| <b>Exchange Dates 2008</b> |   |
| March 3-16                 | Outbound Discover <b>India</b> tour. ED: Chris Smith  |
| March 16-23                | Outbound to <b>Kathmandu, Nepal</b> . ED: Chris Smith, Co-ED: Dave Duncan   |
| April 21-28                | Inbound from <b>San Diego, California</b> . ED: Pat Ghiglieri, Co-ED: Lynn Meyer.   |
| May 9-15                   | Outbound Humanitarian Exchange to <b>Romania</b> with a 2 day pre-exchange of Bucharest and a 5-7 day post-exchange bus tour of Romania. ED: Joe Phelan   |
| August 23-30               | Inbound from <b>Sunshine Coast, Australia</b> . ED: Glendena Honeick, Co-EDs: Madelene English and Jim Hanson   |



## FROM THE PRESIDENT'S DESK

Greetings members and fellow adventurers,

How wonderful to have seen so many new and returning members at the Oktoberfest annual meeting. Many thanks to Mary and Gene Mayer for again allowing us to celebrate in their lovely surroundings. Thanks also to Madelene English and her hard working committee for a well organized and delicious occasion. For those of you not able to attend, know that we voted for the officers for next year and here they are; President, Rose Phelan; Vice President, Jim Hanson; Secretary, Barbara Beland; Treasurer, Scott Matthews. Congratulations! The Holiday party on Dec 2nd will be the official change over, so I hope that you will be able to attend and welcome in the new officers. We will also enjoy Barbara Beland at the keyboard, group singing and a silly gift exchange.



*President Lynn Meyer leads the meeting.*



*Harvest Witch Glendena Honeick minds the store.*

Also present at the Oktoberfest were several wonderful items for purchase including crafts, the Cookie Cookbook and many Friendship Force items. Glendena Honeick, Madelene English, Julie Smith and Marlene Grass have been sewing up a storm to create wonderfully affordable gift items, so check them out at the December party.

We also cast our preferences for the exchanges for 2009. The top three choices were the Czech Republic, New Caledonia and Egypt. These will be submitted to FFI in Atlanta, with no guarantees that we will get our requests, but we can hope for something in the vicinity. Thank you for your input, understanding that it is a daunting task for

In Friendship,  
Lynn Meyer, President

"Failures and mistakes are part of life; what you make of them is important"

## **GELSENKIRCHEN AND VOGTLAND, GERMANY EXCHANGES**

### **September 19-October 6, 2007**

As co-EDs, George and I enjoyed this adventure with our six other ambassadors: Ross and Shirlee Deter, Gwen and Glenn Tilton, June Brink, and Dorine Kitay, a new Friendship Force member from Charlottesville, Virginia. There was concern that such a small group might not work for our host clubs, but they were happy to have us, welcoming us with open arms.



Our adventure began with four interesting days on a pre-exchange visit to Berlin, exploring on foot and by bus, to get a feeling for how this amazing city has reinvented itself since 1989 - a real treat!

Our welcome at the train stations in Essen and Zwickau were spectacular, with our host families running along the platform waving German and American flags to greet the eight of us as soon as they spotted the green name badges. We had busy itineraries in both places, but the highlight, as always, was the time spent with our hosts, learning about their lives and meeting their extended families.

In Gelsenkirchen we were delighted to see how the area has transformed over the past twenty-five years, from a major coal producing area with serious pollution, to a clean environment focusing on solar energy, manufacturing and parks. There is a wonderful open style zoo, great theatre (where we enjoyed a behind the scenes tour), and lots more. We spent a day in the lovely town of Munster as well as taking a boat ride on the Rhine to Duisburg, the biggest inner harbor in Europe.

At the Vogtland club we stayed in different small villages in lovely hilly countryside and learned how our hosts lived through the former DDR era. We visited various craft shops where lace is made (some on machines in use since 1927!) as well as where the famous Erzgebirge wooden ornaments, nutcrackers and pyramids are made. We ascended a mountainside (in mini trams used by the skiers) to view a new ski jump with a beautiful view over the valley. We enjoyed a picnic so close to the Czech border (marked only by stone markers, no fence) that most of us walked across just so we could say that we had been there. We also had a delightful day in the magnificently restored city of Dresden, surprised by the fact that the San Francisco FF club of twelve ambassadors was meeting us en route to share the day.

We presented the Gelsenkirchen club with a flag of California to add to their wonderful international collection, and by prior agreement with the Vogtland club we gave a donation to Lukaswerkstaat, a work site for adults with physical challenges. We also were given a tour of this amazing facility. It was hard to leave our new friends, but the good news is, that there is always the possibility of seeing them again. The Tiltons stayed on for a few more days to visit FF friends in Alzey, Germany who had been in Sacramento 8 years ago! That is what Friendship Force is all about.

-- Lynn Meyer

## REUNION IN GERMANY

One of the outstanding joys of Friendship Force is to go visit those whom we have hosted in their home country. We doubled our pleasure on the recent exchange to Germany by doing just that. We stayed for two nights with Michael & Almut Hass of Alzey, Germany (near Mainz). When they stayed with us eight years ago, they were engaged and in university. Now married, we had the delight of sharing their house with their new three year old son, Christian.

As we traveled to our second exchange in the Zwickau area, we asked if they had heard from Lilo & Friedl Weber, of Brohme. We had hosted them during the Wolfsburg exchange in 2003. They thought they might visit us for a few days in Zwickau. Our hosts, Michael and Jutta Gropp said, no and sat us down for dinner. Soon they went to the door and in came Lilo & Friedl. What a surprise! We had lots of laughs as they stayed two nights. We were able to host all of us for another delicious German dinner including venison goulash at a small restaurant in the lovely small town Greiz where Jutta is the Cultural Affairs Minister. We'd love to tell you more stories but space forbids.

-- Glenn & Gwen Tilton

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## COMING IN APRIL – SAN DIEGO!

I have the honor and pleasure of serving in the capacity of the ED for the San Diego Inbound Exchange, April 21-28<sup>th</sup>. Lynn Meyer, our current President, has agreed to mentor me and will be the Co-ED. Will I receive high level experience, recommendations and suggestions? You bet, and I can hardly wait. Thank you Board of Directors for giving me this opportunity. I won't disappoint you.

I have already been in contact with the ED, Judy Anderson, from the San Diego Chapter. She tells me they have 21 signed up so far and believe it may reach 25. Because of this number we will need many home hosts, day hosts, back up hosts and day activity planners. Please look at your calendars and see if you might be able to help us.

I will place information in each of the monthly newsletters from now on, so look for it, please. We already have a few members, experienced and brand new, who have expressed an interest in hosting in some way, and I have your names. Thank you in advance. We (Lynn and I) will be contacting each of you. I will be providing sign up sheets at the December Holiday Party, so look for those as well. I believe that Rose Phelan, our president elect will be scheduling an early January meeting too, just for information on Inbound Exchanges, so keep your eyes open for that date.

Again, the dates for the San Diego Inbound Exchange are: April 21-28<sup>th</sup> 2008. Mark your calendars and be prepared for a fabulous time with our southern neighbors.

By the way, Judy Anderson did not know the situation with all the members of her club regarding the fire, so I am unable to report that to you at this time. Keep them in your thoughts.

Pat Ghiglieri, ED, Inbound, San Diego

[pat.ghiglieri@sbcglobal.net](mailto:pat.ghiglieri@sbcglobal.net), (916) 212-7111 (cell), (916) 933-6312 (home)

## MEMBER NEWS

**Pat & Bob Ghiglieri** brought two new members to the Oktoberfest last month. **Arnie & Mary Garverick** are our newest members. Arnie worked with Bob for many years at Probation at Sacramento County. Their children also went to school together at Cordova high and are in the law enforcement professions themselves. The Ghiglieri's son is a Lieutenant with the CHP and the Garverick's son is an Investigator with the DA's office. Welcome Arnie and Mary!

Please send your condolences, thoughts and prayers to **Ika Purcell** for the recent loss of her father.

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## INDIA AND NEPAL EXCHANGE UPDATE



There will be a meeting on November 20th at 1:00 pm for anyone interested in going to India as well as for those Ambassadors signed up for Nepal. The Nepal exchange is full, but we still have space for the two weeks in India. This is a great way to see some of the main cities and historical sights (Delhi, the Ganges River, The Taj Mahal and more). We will meet at the home of Chris and Julie Smith at 615 27th Street in Sacramento. Please RSVP at (916) 930-0922 so we know how many chairs to get out!

There is a flyer for the India portion of the exchange distributed with this newsletter. Even if you can't go, if you would distribute a copy of the flyer attached to this email to anyone you think might be interested we would REALLY appreciate it. We need to get the word out!  
Thanks, Chris Smith

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## NEPALESE LUNCHEON... DELAYED!

The luncheon at the Kathmandu Kitchen in Auburn, which was scheduled for November 11, has been canceled. We will reschedule sometime in January, so please watch the newsletter for upcoming information on the new date.

## FRIENDSHIP AND BALLOONS IN ALBUQUERQUE

The Annual Albuquerque International Balloon Festival was a terrific experience. The Albuquerque Club hosted 60 ambassadors from various parts of the US and one lady from as far away as Azerbaijan. Our journey began on October 10, lasting through October 14. Our accommodations were at the Marriott Hotel; however the club provided transportation to and from the Festival Park, took us sightseeing both in Albuquerque and Santa Fe, arranged dinners and parties and kept us busy during our stay. Betty Davis, the coordinator, worked for 6+ years with Atlanta to get this event off the ground. She obviously succeeded and all of us are very happy that she did. The Festival is a photographer's delight and the ability to walk among hundreds of balloons while they were being inflated and ascending was an awesome experience. Others in the club that made our visit special were Gail Beck, Registration Guru, Ginger Grossetete, Hostess Extraordinaire, Norma Hibbs, "If you need it done, she'll do it!", Mel, Jim and Dan and many others working behind the scenes to make our visit most memorable. The President of the club spoke eloquently several times and elicited testimonials from some of the ambassadors.



*Mass Ascension at Balloon Fiesta Park*

To give you all an idea of what this type of special exchange is like, a brief summary of our daily activities follows.

Day 1 - Arrival - Wine & Cheese Reception at the Hotel followed by Welcome Dinner

Day 2 - Santa Fe City Tour, Margarita Party, then on to Festival Park to see the Glowdeo - Special shaped balloons that were lit after dark

Day 3 - Special Shapes Ascension, Tour of Old Town Albuquerque, Wine & Cheese at Hotel, Mexican Dinner and Entertainment at Senior Center

Day 4 - Balloon Fiesta Park Mass Ascension (500+ balloons), BBQ Farewell Dinner with music, dancing and entertainment

Al is in the process of making a Video DVD that he will share with the club. We loved the people and the weather in "The Land of Enchantment".

-- Al & Lydia Simonette

**FRIENDSHIP FORCE HOLIDAY PARTY**

*Be sure to save the date of December 2, for our annual Holiday Party.*

This is always a great event with a lovely luncheon, music, and a hilarious gift exchange! Barbara Beland will provide the holiday music to get us all in the spirit! Reservations must be prepaid for this event by Nov 15<sup>th</sup>! Send your check for \$20/person to: MADELENE ENGLISH, 4056 Coldwater Drive, Rocklin, CA 95765. Phone (916) 435-3662

When: December 2 - 11:00 am to 3:00 pm

Where: THE CLUBHOUSE AT WOODCREEK GOLF CLUB  
5880 Woodcreek Blvd  
Roseville, Ca.  
In The Sunset Room

Cost: \$20.00 PER PERSON

**ENTREES:**

Grilled Lemon-Pepper Chicken Breast with Lemon Cream Sauce  
or  
Santa Maria Style Tri-Tip with Natural Juices & Fresh Herbs

**ACCOMPANIMENTS:**

Fresh Field Greens w/ Choice of Dressings  
Caesar Salad w/ parmesan Cheese & Garlic Croutons  
Roasted New Potatoes  
Wild Rice Pilaf

**DESSERT SELECTION:**

Chocolate Mousse Torte  
New York Style Cheesecake

**ATTENTION TO ALL MEMBERS!!**

Along with a wonderful Holiday Party, you now have an opportunity to experience a 2 night stay at a 2 bedroom Condo, (sleeps 4) in downtown Truckee. Our new member, Dottie Moore has generously donated her condo to the lucky winner of a drawing being held at the Holiday Party. Tickets will be sold at the party and the winner must be present. A \$50.00 cleaning fee will be paid by the winner. Imagine 2 nights in downtown Truckee for \$50.00. What a deal!

## **FRIENDS IN UNEXPECTED PLACES!**

I was on a tour in Rio de Janeiro, Brazil, riding the tram up Corcovado Mountain to see the Christ the Redeemer statue. I sat with a woman I didn't know and we said hello. She said she was from Australia and I asked her if she was on a tour. "Have you ever heard of Friendship Force?" she asked. "I AM in Friendship Force" I told her. As we talked I met many of her FF club members from (Sunshine Coast) who had hosted Chris and Julia Smith, Patrick and Deanna Smith, Glendena Honeick, Madelene English and Jim Hanson in August 2006 and some who will be coming to our Sacramento FF club in 2008. What a small world it is – we have FF friends all over the world!

-- Barbara Beland

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## **WESTERN REGIONAL LEADERSHIP CONFERENCE**

Dear Friendship Force Members:

On March 10, 11, and 12 of 2008, the **San Diego Friendship Force Club** will be sponsoring the Western Regional Leadership Conference. It will be an exciting event with one of the main speakers being William Headley, dean of the new Peace and Justice Center at the University of San Diego.

We anticipate home hosting all out of town visitors for 3 nights. Please tell all your members to mark your calendars now for this important meeting.

Thank you for your support of this future event.

-- Chuck and Julie Bras, Co-Chairs

## **THE CRAFTER'S SHOP**

Our club member's 36 page Cookie Cookbook is selling for only \$3.00, six for \$15.00 or a dozen for \$25.00. It is full of many of our member's favorite cookie recipes and is a must for our holiday baking! This little booklet will also make wonderful holiday gifts, not only for your own family, but will be perfect to send our Friendship Force friends in other countries as a very personal holiday greeting. You may call in your order to: Glendena Honeick – 989-2595 or email: [glendena@sbcglobal.net](mailto:glendena@sbcglobal.net)

**\*\*\* BRIEF RECAP – BOARD OF DIRECTORS MEETING \*\*\***

Held: October 11, 2007 – at the Lynn Meyer residence in Fair Oaks, California

**Elected Officers: (voting rights)**

|                             |          |                             |          |
|-----------------------------|----------|-----------------------------|----------|
| President: Lynn Meyer       | <u>x</u> | Vice President: Rose Phelan | <u>a</u> |
| Secretary: Glendena Honeick | <u>x</u> | Treasurer: Scott Mathews    | <u>a</u> |

**Standing Committees: (voting rights)**

|                              |          |                              |          |
|------------------------------|----------|------------------------------|----------|
| Activities: Madelene English | <u>a</u> | Communications: Jan Bessette | <u>x</u> |
| Membership: Chris Smith      | <u>x</u> | Newsletter: Judy Duncan      | <u>x</u> |
| Publicity: Glenn Tilton      | <u>a</u> | Past President: Dawn Beck    | <u>a</u> |

**Non-Voting Board Members:**

|                     |                                   |          |
|---------------------|-----------------------------------|----------|
| Exchange Directors: | Margaretha Logus: ED: Brazil      | <u>x</u> |
|                     | Nepal Out/B: Co-ED: David Duncan  | <u>a</u> |
|                     | Australia In/B: Co-ED: Jim Hanson | <u>a</u> |
|                     | Romania Out/B: ED-Joe Phelan      | <u>a</u> |

**Other members attending: -0-**

- Fund Raising: The new Cookie Cookbook was displayed as were numerous items made by The Crafters. These will be for sale at Oktoberfest and at future meetings.
- Community Contacts: Chris Smith reported the contact with Sister Cities Council of Sacramento is a very good publicity vehicle for our club. He will continue attending their meetings. Lynn Meyer advised she will continue her contacts with the National Council for International Visitors.

**\*\* EXCHANGES \*\***

- Lynn Meyer advised Gelsenkirchen and Vogtland, Germany outbound exchange was a great success. She displayed a traveling tablecloth for our club to embroider and forward on to another club.
- Nepal Out/B exchange: 18 signed up at the 1<sup>st</sup> planning meeting with Margaretha Logus.
- India Out/B exchange: Chris Smith, ED, advised the plans are proceeding for a March, 2008 tour.
- San Diego In/B exchange: Pat Ghigileri volunteered to be ED. **MOTION:** *The board accepts Pat Ghigileri as Ed and Lynn Meyer as Co-ed and mentor.*
- Sunshine Coast In/B exchange: Glendena Honeick advised we may have up to 25 coming August 23<sup>rd</sup>, 2008.
- Wichita, Kansas invitation – declined for 2008 because of the club's busy schedule.
- Romania Out/B exchange: No report as Joe Phelan was absent.

**\*\* NEW BUSINESS \*\***

- New Business: A member suggested the word Christmas be changed to read Holiday in our newsletter. **MOTION:** *The board requests any use of the word "Christmas" in the club newsletter be changed to read Holiday.*
- Membership: Has increased to 121
- Newsletter: Judy Duncan suggested photos be submitted as she may be able to use them on occasion.

**2007 Budget and Net Worth as of Sept. 30, 2007**

| <b>2007 Budget</b>               |                         |                    |                   |
|----------------------------------|-------------------------|--------------------|-------------------|
| <b>Category Description</b>      | <b>9/30/2007 Actual</b> | <b>2007 Budget</b> | <b>Difference</b> |
| <b>INCOME</b>                    |                         |                    |                   |
| Christmas Party                  | 133.84                  | 200.00             | -66.16            |
| <b>Dues 2007/08</b>              | <b>1,185.00</b>         | <b>2,000.00</b>    | <b>-815.00</b>    |
| FFI Magazine 2007                | -140.00                 | 0.00               | -140.00           |
| Interest Inc                     | 72.27                   | 0.00               | 72.27             |
| <b>Merchandise, Books</b>        | <b>-1,389.45</b>        | <b>0.00</b>        | <b>-1,389.45</b>  |
| October Fest                     | -50.62                  | 60.00              | -110.62           |
| Other Inc                        |                         |                    |                   |
| Donations to Club                | 2.00                    | 0.00               | 2.00              |
| Other Other Inc                  | 79.00                   | 20.00              | 59.00             |
| <b>TOTAL INCOME</b>              | <b>-107.96</b>          | <b>2,280.00</b>    | <b>-2,387.96</b>  |
| <b>EXPENSES</b>                  |                         |                    |                   |
| Donations to Other Orgs.         | 50.00                   | 250.00             | 200.00            |
| Dues to Atlanta                  | 614.00                  | 550.00             | -64.00            |
| <u>In Bound Exchanges</u>        |                         |                    |                   |
| Brazil I.B. 2007                 | -24.35                  |                    |                   |
| Ottawa Inbound 2006              | 23.69                   |                    |                   |
| Richmond V. I.B. 2007            | 230.56                  |                    |                   |
| <b>TOTAL In Bound</b>            | <b>229.90</b>           | <b>500.00</b>      | <b>270.10</b>     |
| <u>Misc. &amp; Supplies</u>      |                         |                    |                   |
| Bank Charge                      | 40.27                   |                    |                   |
| Copies                           | 53.54                   |                    |                   |
| Membership Support               | 349.48                  |                    |                   |
| PO Box rent                      | -20.00                  |                    |                   |
| Postage                          | 192.01                  |                    |                   |
| <b>TOTAL Misc.&amp; Supplies</b> | <b>615.30</b>           | <b>350.00</b>      | <b>-265.30</b>    |
| Name Badges                      | 372.23                  | 150.00             | -222.23           |
| Newsletter                       | 109.79                  | 160.00             | 50.21             |
| Other Expenses                   | 140.00                  | 0.00               | -140.00           |
| <u>Out Bound Exchanges</u>       |                         |                    |                   |
| <b>Germany O.B. 2007</b>         | <b>-2,886.48</b>        | <b>20.00</b>       | <b>2,906.48</b>   |
| World Friendship Day             | 607.32                  | 500.00             | -107.32           |
| <b>TOTAL EXPENSES</b>            | <b>-147.94</b>          | <b>2,480.00</b>    | <b>2,627.94</b>   |
| <b>OVERALL TOTAL</b>             | <b>39.98</b>            | <b>-200.00</b>     | <b>239.98</b>     |

**Net Worth**

| <b>ASSETS</b>                       | <b>Rate</b> | <b>Maturity</b> | <b>Balance</b>  |
|-------------------------------------|-------------|-----------------|-----------------|
| CD #751                             | 2.79%       | 10/2/2007       | 1,891.53        |
| CD #769                             | 3.65%       | 1/28/2008       | 1,895.11        |
| FF Checking                         |             |                 | 2,901.53        |
| <b>Total Assets</b>                 |             |                 | <b>6,688.17</b> |
| <b>LIABILITIES</b>                  |             |                 |                 |
| Donation for Peru earthquake relief |             |                 | 100.00          |
| <b>Total Liabilities</b>            |             |                 | <b>100.00</b>   |
| <b>OVERALL TOTAL</b>                |             |                 | <b>6,588.17</b> |

**DECEMBER 07 NEWSLETTER**

The deadline for submission of articles/events is **November 25.**

Please Send Submissions to  
 Judy Duncan, (530) 823 7019, [jduncan@duncanimaging.com](mailto:jduncan@duncanimaging.com)

Anyone interested in getting involved in helping out with the newsletter,  
 please contact Judy.

**Board Members**

(Phone #s are 916 area unless otherwise noted)

|   |          |   |                |
|---|----------|---|----------------|
| <b>President</b> , Lynn Meyer<br><a href="mailto:lgarrettmeyer@earthlink.net">lgarrettmeyer@earthlink.net</a> | 987-2426 | <b>Membership</b> , Chris Smith<br><a href="mailto:thefriendshipforce@sbcglobal.net">thefriendshipforce@sbcglobal.net</a> | 930-0922       |
| <b>Vice-President</b> , Rose Phelan<br><a href="mailto:roseph@sbcglobal.net">roseph@sbcglobal.net</a>         | 408-4066 | <b>Activities</b> , Madelene English<br><a href="mailto:Hanson12@comcast.net">Hanson12@comcast.net</a>                    | 435-3662       |
| <b>Secretary</b> , Glendena Honeick<br><a href="mailto:glendena@sbcglobal.net">glendena@sbcglobal.net</a>     | 989-2595 | <b>Past President</b> , Dawn Beck<br><a href="mailto:dawnb95747@yahoo.com">dawnb95747@yahoo.com</a>                       | 771-5645       |
| <b>Treasurer</b> , Scott Matthews<br><a href="mailto:ScottMattGB@att.net">ScottMattGB@att.net</a>             | 791-1626 | <b>Publicity</b> , Glenn Tilton<br><a href="mailto:gtilton2@comcast.net">gtilton2@comcast.net</a>                         | 393-6479       |
| <b>Communications</b> , Jan Bessette<br><a href="mailto:janorm3@comcast.net">janorm3@comcast.net</a>          | 989-3555 | <b>Newsletter</b> , Judy Duncan<br><a href="mailto:jduncan@duncanimaging.com">jduncan@duncanimaging.com</a>               | (530)-823-7019 |