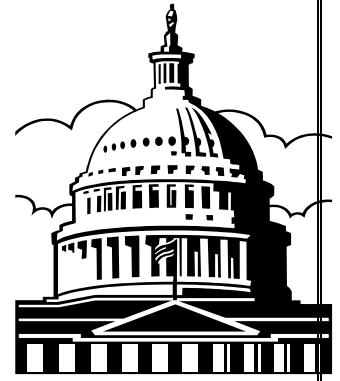




Friendship Force of Sacramento

www.friendshipforce.org
<http://friendshipforcesacramento.com>



Peace Through Friendship

August 2007

Calendar of Events

Aug 16	Germany out bound get-together at the home of Lynn and George Meyer, 9040 Windcove Ct., Fair Oaks. Pot luck dinner, call Lynn for details, (916)-987-2426
Aug 17	New Member Meeting, 7:00pm at Chris and Julia Smith's, 615 27 th Street, Sacramento. See inside for details. RSVP: (916)-930-0922.
Aug 17	Deadline to RSVP for Brazil Welcome dinner. See inside for details.
Aug 25	Brazil Welcome dinner, 6:00-8:00pm at the Old Spaghetti Factory, 731 Sunrise Ave., Roseville. Everyone is invited to attend. Please see inside for details to reserve a place.
Sep 5	Board meeting. 1:00pm hosted by Rose Phelan, Vice President. Located at 1206 Stone Hearth Lane, Lincoln. Board members, please contact Rose at (916)-408-4066 if unable to attend.
Oct 20	Oktoberfest/Annual Meeting and election of officers, 4pm. Details in September Newsletter.
March, 2008	Western Regional Conference, San Diego, California.
Exchange Dates 2007	
Aug 24 – 30	Inbound from Campinas, Brazil . Exchange Director (ED): Margaretha Logus, Co-ED: Barbara Beland
Sep 23 – Oct 7	Outbound to Gelsenkirchen and Vogtland, Germany with a pre-exchange extension to Berlin, September 18-22. Please contact Lynn and George Meyer at (916)-987-2426.
Exchange Dates 2008	
March	Outbound to Kathmandu, Nepal . ED: Margaretha Logus, Co-ED: David Duncan
September	Inbound from Sunshine Coast, Australia . ED: Glendena Honeick, Co-EDs: Madeline English and Jim Hanson
Late May	Inbound from San Diego, California . ED needed.



FROM THE PRESIDENT'S DESK

Greetings members and fellow adventurers,

Planning, planning, planning.....There is a lot of that going on as we prepare for the arrival of 12 ambassadors from Campinas, Brazil on August 24. Thanks to Margaretha Logus and Barbara Beland and their committee for organizing this exchange, especially in view of the fact that it had originally been cancelled. In June, I received word that they would like to give it another try, so Margaretha and Barbara have rallied to hit the phones and organize a great exchange. The welcoming dinner is open to **ALL** members, so please check the calendar section for the particulars, and RSVP for a great evening on Saturday, August 25. I especially urge our new members to attend and get a good sense of how an inbound exchange starts off with a bang. In addition to their Portuguese, many of the ambassadors speak Spanish and some English, so dust off the dictionary and come greet our new friends.

Thanks to Dawn Beck for organizing a fun afternoon and evening at the Magic Circle theatre on July 22. We enjoyed seeing the musical "How to Succeed in Business Without Really Trying", followed by dinner at the Back Forty, where we mostly overindulged and still had leftovers for the next day.

Many thanks to Rose Phelan for purchasing and arranging for all the great new Friendship Force merchandise (pins, pens, tea towels and more!) now for sale at our meetings. Thanks also to our treasurer, Scott Matthews, for being an excellent tradesman. These items make great gifts on exchanges and also help us raise money for our club to plan our donation to the FFI Legacy Fund, which helps develop new clubs worldwide.

Several of our members have touched base this summer with Friendship Force friends from previous exchanges and really brought home the true message of what we are all about. Keep us posted on your visits so that we can highlight the on going Friendship Force connections around the world.

In Friendship,

Lynn Meyer, President

"Failures and mistakes are part of life; what you make of them is important"

NEW MEMBER MEETING

A meeting to provide an orientation to Friendship Force is planned for Friday, August 17th at 7:00pm. If you want to learn more about the Friendship Force and meet some of the other new members, come to Chris and Julia Smith's home at 615 27th Street in Midtown, Sacramento (between F and G Streets). We will have a little dessert and coffee and spend about 1 ½ hours learning about the club and getting to know each other. Please RSVP at (916) 930-0922 so we know how many chairs to set out!

-- Thanks, Chris Smith

NEPAL OUTBOUND MARCH, 2008

We have an exciting outbound exchange to visit the Kathmandu FF Club in Nepal scheduled for March 16-23, 2008. Options for a one or two week extension will be discussed at a planning meeting in the near future (date to be announced).

There will be a maximum limit of 18 Ambassadors with a limit of 15 preferred by the Kathmandu club. All club members who are seriously interested and want to learn more please let me know at your **earliest** convenience. My phone number (916) 966-4296 email: logusa@sbcglobal.net
-- Margaretha Logus ED

BRAZIL INBOUND EXCHANGE – WELCOME DINNER

On August 25, we'll start off the inbound exchange from Campinas, Brazil with a welcome dinner at the Old Spaghetti Factory in Roseville.

Location: The Old Spaghetti Factory, 731 Sunrise Ave. Roseville, CA

Date: Saturday, August 25, 2007

Time: 6:00pm to 8:00pm

Dinner choices: Spaghetti with White Clam Sauce	\$12.50
Spaghetti with Rich Meat Sauce	\$12.50
The Premier:	
Special recipe Lasagna and Chicken Marsala	\$15.00

Above prices include Green salad with Balsamic Vinaigrette dressing, French baked bread, coffee, hot tea, iced tea or milk, spumoni or vanilla ice cream and gratuity. Prices do NOT include sodas or any liquor.

Please respond as soon as possible by sending a check made out to Margaretha Logus. Include a note stating your choice of meal. Payment for dinner *MUST BE RECEIVED* by Friday August 17, 2007

Send check to: Margaretha Logus
6711 Oaklawn Way
Fair Oaks, CA 95628

If you have any questions please call Audrey Weichman (916) 481-4073 or Margaretha Logus (916) 966-4296 (I will be out of town 8/8 thru 8/15). This dinner is open to all members so please join us in welcoming our new friends from Campinas!

-- Margaretha

BRAZIL INBOUND EXCHANGE SCHEDULE

The schedule of activities for the Brazil Inbound Exchange, August 24 thru 29 is listed below. This will provide everyone a good idea of a typical inbound exchange. The welcome dinner and tour of San Francisco are open to all club members, so please come and join the fun!

Friday, Aug 24	Ambassadors arriving 8:55PM from Hawaii
Saturday, Aug 25	Tour of Wine country - Apple Hill area, Placerville. Open to Ambassadors and hosts only.
	Welcome Dinner at Old Spaghetti Factory, 731 Sunrise Ave, Roseville. Contact Margaretha Logus or Audrey Wiechman if you want to attend. Reservations, choice of meal and payment must be made in advance. Open to all members. See notice above for details.
Sunday, Aug 26	Tour (via Ferry from Vallejo) to San Francisco. Sightseeing via Hop On - Hop Off bus tour of city. Open to all members. Please contact Phyllis Kalbach at (916)-543-6948 if you are interested.
Monday, Aug 27	Tour of Capital - open to Ambassadors and hosts only. Lunch in Old Sacramento. Tour of the Railroad Museum. Dinners at Non-hosting families
Tuesday, Aug 28	Visit to Donner Museum. Lunch at Ghiglieri's in Tahoe Donner. Visit to So Lake Tahoe Casinos
Wednesday, Aug 29	Day with host family. Farewell Potluck dinner at Duncan's. Open to Ambassadors, volunteers, and hosts only.
Thursday, Aug 30	Ambassadors departing from Sacramento Airport at 6:30AM

COOKIE COOKBOOK

An idea was formed of having a club Cookie Cookbook after our members donated over 1,000 cookies for the World Friendship Day event held in March. The little book will make a lovely item to include in our gift "goodie" bag for incoming exchanges – or for members to purchase from the club as a gift to take to their hosts on an outgoing exchange. Several members have already submitted their cookie recipes – have you? Do send me your recipes by email, or in the mail to: Glendena Honeick – (glendena@sbcglobal.net) or 5339 Flyway Drive, Fair Oaks, California 95628

THEATRE PARTY REVIEW

"How to Succeed in Business" was a clever show and the 22 FF members who attended enjoyed the performance. Dinner was at the Back 40 and met with everyone's approval. Glendena talked to the management about having some FF affairs there. The profit on each ticket was \$2.00 so the club earned \$44.00 for the afternoon. Thanks to all who participated,

-- Dawn Beck

MEMBER NEWS

Welcome new members **Judy Maas** and **Graciela Munn**. Judy lives in Roseville and enjoys nature, gardening, photography, arts and crafts. She speaks some Spanish. Graciela is a Spanish speaker who enjoys travel. She lives in Sacramento. Welcome to you both.

Congratulations to **Bob Cates** and **Monica Caniglia** on their July wedding. We wish them much happiness in their new life together.

We wish **Jim Roberts** well as he undergoes Radiation Therapy. We look forward to seeing Jim and Sylvia at future events and our thoughts are with them as they face this challenge.

Our thoughts are with **Marlene Grass** as she is undergoing chemotherapy, while continuing to be involved with her many activities



In July, **Chris & Julie Smith** hosted Friendship Force members from the Sunshine Coast, Australia for four days. **John & Gill Gosney** made a trip to Sacramento after three weeks of hosting in Brazil, Michigan and Minnesota. They had a whirlwind tour of Sacramento, Lake Tahoe and San Francisco before heading off to Scotland. Those Aussies really know how to see the world!

A Warm “Hello” From Ottawa, Canada. Having a wonderful experience of hosting generally results in having an unexpected life-long friend. While touring eastern Canada the month of June, I visited Margaret Munroe in Ottawa. She sends greetings to all our club members as she commented it was her very best exchange. Ottawa has one of the largest clubs in FFI, thus they have several inbound and outbound exchanges each year. Always nice to hear we did a good job!
-- Glendena Honeick

ADDITIONAL HOSTING OPPORTUNITIES

** - A French exchange teacher is looking for families to host students, ages 15-18, for home stays starting this Fall, for either a 3 month stay or a 10 month stay. If you are interested in further information please contact Lynn Meyer, 987-2426.

** - CIEE is a non-profit organization that places high school, foreign exchange students in schools in the U.S. You can learn more about this agency at their website at www.ciee.org. The local coordinators have contacted us to see if any of our members are interested in hosting students for a school semester or a school year. If you are interested in hosting or have any questions please contact the coordinators at any of the following email addresses: coreylu@frontiernet.net; fritzperk@frontiernet.net; kdsibley@foothill.net.

NEWSLETTER CHANGES

Nancy Gilbert has been very generous with her time and effort in stepping up to co-edit the newsletter during the past few months. At this point, Nancy has other demands on her time so she will no longer be producing the newsletter. We can all thank Nancy for her contribution and willingness to help out. Sacramento Friendship Force is lucky to have members like Nancy!

SEPTEMBER 07 NEWSLETTER

The deadline for submission of articles/events is **August 25**.

Please Send Submissions to
 Judy Duncan, (530) 823 7019, jduncan@duncanimaging.com

Anyone interested in getting involved in helping out with the newsletter,
 please contact Judy.

Board Members			
(Phone #s are 916 area unless otherwise noted)			
President , Lynn Meyer lgarrettmeyer@earthlink.net	987-2426	Membership , Chris Smith thefriendshipforce@sbcglobal.net	930-0922
Vice-President , Rose Phelan roseph@sbcglobal.net	408-4066	Activities , Madelene English Hanson12@comcast.net	435-3662
Secretary , Glendena Honeick glendena@sbcglobal.net	989-2595	Past President , Dawn Beck dawnb95747@yahoo.com	771-5645
Treasurer , Scott Matthews ScottMattGB@att.net	791-1626	Publicity , Glenn Tilton gtilton2@comcast.net	393-6479
Communications , Jan Bessette janorm3@comcast.net	989-3555	Newsletter , Judy Duncan jduncan@duncanimaging.com	(530)-823-7019