



# The Friendship Force of Sacramento

[www.thefriendshipforce.org](http://www.thefriendshipforce.org)  
<http://friendshipforcesacramento.com>



Peace Through Friendship

December 2008

## Calendar of Events

Dec 7	<b>CHRISTMAS PARTY</b> (see details inside newsletter) 11:00 am. to 3:00 pm - Woodcreek Golf and Country Club - Roseville
Dec 14	3:00 pm – Meeting of ambassadors for outbound San Diego exchange. Held at the home of Janet Bessette, 9043 Windcove Court, Fair Oaks. RSVP to Jan at (916)-989-3555.
Jan 13	Meeting – Home of Glenn and Gwen Tilton for Germany Inbound Exchange 10:00 am, 442 Windward Way, Sacramento, (916) 393-6479 <a href="mailto:gtilton@comcast.net">gtilton@comcast.net</a> (see details inside newsletter)
Jan 24	1:00 pm. Board Meeting at Jim Hanson’s home, 4066 Coldwater Dr., Rocklin. All members welcome. RSVP to <a href="mailto:Hanson12@comcast.net">Hanson12@comcast.net</a> by Jan 17.
<b>Exchange Dates 2009</b>	
Jan 28 to Feb 3	Outbound Exchange to San Diego: <i>Jan Bessette - Exchange Director</i> email - <a href="mailto:janorm3@comcast.net">janorm3@comcast.net</a> - telephone 985-3555
April 17 to 23	Inbound Exchange from <b>Vogtland, Germany</b> <i>Glenn &amp; Gwen Tilton - Exchange Directors</i>
May 4/5/6	Western Regional Conference, <b>Reno, Nevada</b>
August first wk.	Inbound Exchange from <b>Dallas, Texas</b> <i>Tom Flynn – Exchange Director</i>
Oct-09	Friendship Force International Meeting in <b>Okinawa, Japan</b>
Nov-09	Outbound Exchange to <b>Noumea, New Caledonia, Christchurch, and South Taranak, New Zealand</b> – <i>Pat Ghiglieri – Exchange Director</i>



## FROM THE PRESIDENT'S DESK

Holiday Greetings,

Well, I can't believe this is the last of my last President's Messages. How quickly the year has gone by. I have had a great year serving you as President of our club.

The year has been a very active one with two inbound exchanges and three outbound exchanges. Thanks to Joe and Chris for taking on the extra exchanges Atlanta gave us to Romania and India. And, Madelene did a great job in seeing that we had a wide variety of interesting activities throughout the year making our club a very congenial group.

Thanks to the Board members who made my job so easy. We had some lively meetings, lots of discussions and it all added to the fun. The Board has so much to do with the direction and activities of the club...we are all indebted to them. We have had a great group of Exchange Directors this year with all sorts of raves from all of our ambassadors. Thanks to all of you for the wonderful jobs that you did for our club. Without you, it would not have happened this year.

Lynn did such a great job in organizing Our World Friendship Day. Not only was it a lot of fun but it resulted in a lot of public exposure for our club to say nothing of about fifteen new members. Spreading the word makes such a difference in getting our club to grow. Hopefully, one day everyone in the Sacramento area will know about Friendship Force.

Finally, a special thanks to the many members who went on outbound exchanges either with our club and/or some other club – and to those of you who hosted. After all, that is what Friendship Force is all about.

In Friendship Force through home hosting we gain unique friendships, understanding and insights into others – and into their countries and cultures. We need to share what we have seen and learned with our friends and families when we return. We need them to understand that being in Friendship Force will **CHANGE THE WAY YOU SEE THE WORLD.**

See you at the Christmas Party on December 7<sup>th</sup>.

Rose Phelan

**\*\*\* FRIENDSHIP FORCE CHRISTMAS PARTY \*\*\***



**Be sure to save the date of December 7<sup>th</sup> for our annual Christmas Party!**

This is always a great event with a lovely luncheon, music and a hilarious gift exchange! Barbara Beland will provide the music to get us in the spirit!

**DECEMBER 7<sup>th</sup>, 2008 – 11:00 a.m. to 3:00 p.m.**  
**The Clubhouse at Woodcreek Golf Club**  
**5880 Woodcreek Oaks Blvd., Roseville, Ca. 95747**  
*In the Sunrise Room*

Cost: **\$20.00** per person  
**\$5.00** corkage fee – if you wish to bring your own wine!

Send your **CHECK** and choice of **ENTREE** to  
Madelene English, 4066 Coldwater Drive, Rocklin, Ca. 95765  
Phone (916) 435-3662

*Reservations must be prepaid for this event by Nov. 30<sup>th</sup>*

**ENTREES:**

Santa Maria Style Tri-Tip with Natural Juices and Fresh Herbs  
Grilled Chicken Breast with Tomatoes and Artichoke Hearts

**\*\*\*Side Dishes\*\*\***

Sauteed Fresh Vegetables  
Garlic Mashed Red Potatoes

**\*\*\*Dessert\*\*\***

Chocolate Mousse Torte  
New York Style Cheesecake with Strawberry Puree

## ATTENTION ALL MEMBERS!

You are all invited to the next FF board meeting at President Jim Hanson's home at 4066 Coldwater Dr. in Rocklin on Saturday Jan. 24, 2009, at 1:00PM. Please RSVP by e-mail to [Hanson12@comcast.net](mailto:Hanson12@comcast.net) at least a week prior to the 24th, so Madelene and I can plan our seating. See you at the Christmas party!

Thanks, Jim Hanson

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## GERMAN INBOUND EXCHANGE MEETING

You are invited to attend the first planning meeting to prepare for our German Inbound Exchange, **Tuesday, January 13, at 10 AM.** The meeting will be in our home at 442 Windward Way, Sacramento. The inbound exchange will be with the German Vogtland Club, April 17 to 23, 2009.

We were on the Outbound Exchange with this region in the old East German area in 2007. We are excited for our club to have the opportunity to meet some of our new German friends. We were able to visit the beautiful city of Dresden and many other wonderful provincial sites as a part of that exchange.

Thankfully, several of you already signed up at World Friendship Day to be hosts and helpers for this exchange. So please come and meet with us as we prepare for this happy event. Please contact us to tell us you are coming:

Glenn & Gwen Tilton, 916-393-6479 - [gtilton2@comcast.net](mailto:gtilton2@comcast.net)

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## SAN DIEGO EXCHANGE MEETING

There is a planning meeting for the ambassadors going on the outbound San Diego Exchange departing on January 28, 2009.

When: Sunday, December 14, 2008 3:00PM

Where: The home of the Exchange Director, Janet Bessette

9043 Windcove Court, Fair Oaks

RSVP to Jan at (916) - 989-3555

The exchange is full at this time, but if interested please call to get on the waiting list.  
Janet Bessette, Exchange Director (916)-989-3555

## **ANOTHER CHANCE TO VISIT ROMANIA!**

If you missed our club's exchange to Romania last May but wish to see this wonderful country and people, you should act now. The Dallas Club has a 14 day exchange going to Bucharest, Brasov and Sibiu Romania in May 2009. It offers two nights of home stay in Brasov and six nights of homestay in Sibiu. The land cost is about \$1700. Dallas may well be the last US club to exchange to Romania for several years because the Romanian clubs have hosted US clubs so often.

If you want to know more, contact Dallas's ED, Ed Edgren at [texmared@sbcglobal.net](mailto:texmared@sbcglobal.net). Going to Romania is a wonderful experience. The people are wonderful, the food delicious, the countryside stunning and the country and culture is rich in history. Ed cautions that there is walking involved -- anyone going should be able to walk a half a mile per day without a problem.

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## **DISCOVER HOKKAIDO!**

Our good friends, the Sonoma-Napa FF club, are going to the northernmost island in Japan, June 2-13, 2009. They will have one week of home hosting in Sapporo and then a four day tour of the national parks of Shiretoko --a World heritage Site. Part of the tour will be done by cruise ship. There are a lot of FF clubs in Japan but I believe this is the only club on Hokkaido.

If you are interested, contact Jerry Medlin at [jerry@medlin.com](mailto:jerry@medlin.com). The estimated cost is \$1400 for the whole package. This does not include air fare which he estimates to be approximately \$1500.

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### **\*\*\* NEW MEMBER ORIENTATION \*\*\***

Held Saturday, Nov. 8<sup>th</sup> at the home of Glendena Honeick  
Chris Smith, Membership Chair

What a GREAT orientation gathering – **32 in attendance!!**

Thanks to 14 of our club members attending, a warm welcome was extended to **16 new members and 2 new prospects**. After everyone became acquainted while sharing various plates of “Around the World” desserts and snacks, Chris shared an FFI video and then gave an informative talk with questions and answers following. A new Club Booklet has recently been created and was presented to our new members. The new booklet contains our By-Laws and Policy and Procedures, the history of both FFI and our own club, a list of all officers since 1988 and a list of all previous inbound and outbound exchanges. Existing members commented they would also like to have one; therefore, at our Christmas party the Club Booklets will be available at club cost.



## WELCOME NEW MEMBERS

Our little club keeps growing! **Judi Sarner** joined us from El Dorado Hills. She is a Paralegal and heard about our club from her friends, Mimi Mattock and Carol Ward. Judi enjoys Scrapbooking and said she is willing to help with the Newsletter or Membership! Thanks Judi. **Christi Dugan** was intrigued when she heard our members speak at the Thursday Club of Fair Oaks. I'm sure it was those lovely Indian outfits our members were wearing that did the trick. Welcome Christi!

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## REMEMBERING FRIEDRICH "FRIEDL" WEBER

### *Friendship at a time of Loss*

Glenn & Gwen Tilton, recently received word that Freidl Weber died of cancer at age 75. The Tilton's hosted Freidl & Lilo Weber, of Brome, Germany, during an exchange with the Wolfsburg club, in 2002. They were a fun couple. Last year they came to Greiz, near Zwickau, during our exchange with that club. We had a surprise reunion that they arranged with our host family in Griez. We learned then that Freidl was under treatment for cancer. Freidl was also a mountaineer who celebrated his birthday for several years by climbing important mountains in Europe. His greatest achievement was to climb Kilimanjaro on his 73<sup>rd</sup> birthday.

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## DUES ARE DUE

Dues for a Single person are \$35 and for Couples is \$65. If you wish to receive the Friendship Force International Magazine it is an additional \$10. Please use the membership form attached as the last page of this newsletter.

### ***DID YOU FORGET ABOUT THE FFI MAG?***

A number of members paid their dues by simply sending in a check and not using the membership form since we already had all of their data. As a consequence you may have inadvertently forgotten that you need to pay an extra \$10 to keep your subscription of the Friendship Force International Magazine. If you wish to continue to receive the Magazine please send a check for \$10 to:

The Friendship Force of Sacramento  
P.O. Box 584  
Roseville, CA 95661

If you are unsure whether or not you paid the \$10 you wouldn't be alone. Send an email to Scott Matthews ([ScottMattGB@att.net](mailto:ScottMattGB@att.net)) or call him at 916-791-1626 and he can look it up.

**\*\*\*Brief Summary of Board of Directors Meeting\*\*\***

Held: November 14, 2008 at Rose Phelan's home, Lincoln, CA

Board of Directors: 8 of 10 present for a quorum.

ED's: 2    Other members : 5

Committee's:

Communications – Lynn has 9 new callers.

Membership – Chris sent out an updated roster. It's time to pay 2009 dues. FFI requested Chris once again be an ED for a "Discover India" exchange in 2010.

Newsletter – Send news to Judy Duncan ([jduncan@duncanimaging.com](mailto:jduncan@duncanimaging.com)) by Nov. 24<sup>th</sup>.

Publicity – Joe Phelan said the FF Napa/Sonoma club wants more ambassadors for their exchange to Hokkaido, Japan in June '09. Contact [jerry@medlin.com](mailto:jerry@medlin.com) if interested.

Activities – The Christmas party will be held December 7<sup>th</sup> at Woodcreek Lodge.

Incoming Activities chair for 2009, Tom Flynn has an idea for our FF members to get to know each other better at monthly viewings of slideshows of some of our previous trips.

Vice President – Jim Hanson has completed the inventory. We have new FFI brochures.

Past President – The World Friendship was a success and brought in 11 new members.

2009 Exchanges

Outbound – San Diego, Jan. 28 - Feb.3. ED Jan Bessette reports there are 22 Ambassadors going on this exchange.

Inbound – Vogtland, Germany – Gwen and Glen Tilton are ED's for this exchange in April. There is a planning meeting January 13 at Tilton's.

Inbound – Dallas, TX – Tom Flynn is chair of this exchange in August 2009. He would like to have a Co-ED for this exchange.

Outbound – Our club will visit New Caledonia and New Zealand. Pat Ghiglieri is the ED for this exchange. The dates have been changed from November to October.

Old Business –

Sunshine Coast - Glendena turned in her expense report for Australia, which balanced.

Conferences - Rose reported the FF International Conference will be held in Okinawa, Japan Nov 19-22 in 2009, and in Washington, DC in October 2010.

Sister Cities – Lynn, Glendena, Jim and Madelene attended the Sister Cities meeting.

New Business – the slate for 2009 was voted on at the Oktoberfest. New officers are:

President – Jim Hanson

Vice-President – Pat Ghiglieri

Secretary – Barbara Beland

Treasurer – Scott Matthews

Activities – Tom Flynn

Communications – Lynn Meyer

Membership – Glendena Honeick

Newsletter – John Closs

Publicity – Arnie Garverick

Past President – Rose Phelan

Chairs of Special Committees are: Club Historian (to be appointed), Fundraising – Pat Ghiglieri, and Sunshine – Dawn Beck.

A new member orientation was held at Glendena's home on Saturday, November 8 and was attended by 14 new and possible members. Chris presented the FF information and Glendena created a new booklet with our history, policies and procedures. We will order more of these for members.

The Policies and Procedures say that InBound ED's should be reimbursed from Club funds for the cost of both the Welcome and Farewell dinners, also for their Membership dues for the coming year.

Drivers for the longer drives when we host exchanges will be reimbursed for gas. The compensation will be handled by the ED for each exchange.

Pat Ghiglieri spoke about Friendship Force to the Fair Oaks Women's Club. Our club will purchase a CD which includes interesting information and history about the Lake Tahoe areas, to be used when we take our Ambassadors around the lake.

A lifetime membership will be given to our Founding Members with full rights of membership, our club will pay dues to Atlanta.

NEXT BOARD MEETING will be held Saturday, January 24, 2009 at 1 pm at President Jim Hanson's home in Rocklin.

<b>Board Members</b>			
(Phone #s are 916 area unless otherwise noted)			
<b>President</b> , Rose Phelan <a href="mailto:roseph@sbcglobal.net">roseph@sbcglobal.net</a>	408-4066	<b>Membership</b> , Chris Smith <a href="mailto:thefriendshipforce@sbcglobal.net">thefriendshipforce@sbcglobal.net</a>	930-0922
<b>Vice-President</b> , Jim Hanson <a href="mailto:hanson12@comcast.net">hanson12@comcast.net</a>	435-3662	<b>Activities</b> , Madelene English <a href="mailto:hanson12@comcast.net">hanson12@comcast.net</a>	435-3662
<b>Secretary</b> , Barbara Beland <a href="mailto:bdbeland@sbcglobal.net">bdbeland@sbcglobal.net</a>	(530)-886-8600	<b>Past President</b> , Lynn Meyer <a href="mailto:lgarrettmeyer@earthlink.net">lgarrettmeyer@earthlink.net</a>	987-2426
<b>Treasurer</b> , Scott Matthews <a href="mailto:ScottMattGB@att.net">ScottMattGB@att.net</a>	791-1626	<b>Publicity</b> , Joe Phelan <a href="mailto:joephelan@sbcglobal.net">joephelan@sbcglobal.net</a>	408-4066
<b>Communications</b> , Jan Bessette <a href="mailto:janorm3@comcast.net">janorm3@comcast.net</a>	989-3555	<b>Newsletter</b> , John Closs <a href="mailto:johncloss@rocketmail.com">johncloss@rocketmail.com</a>	984-9452

**JANUARY 2009 NEWSLETTER**

**The deadline for submission of articles/events is December 23rd.**

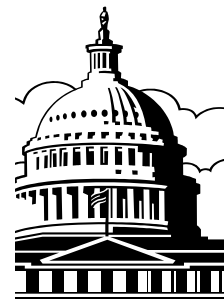
**Please Send Your Submission to:**

**John Closs (916) 984-9452     [johncloss@rocketmail.com](mailto:johncloss@rocketmail.com)**

**If you would like to help editing and publishing the Newsletter,  
please call or email**



# The Friendship Force of Sacramento



## 2009 Membership Renewal Form

\_\_\_\_\_  
Last Name First Name Nickname

\_\_\_\_\_  
Last Name First Name Nickname

\_\_\_\_\_  
Address City Zip

(\_\_\_\_) \_\_\_\_\_  
Phone email address

Do you want your newsletter sent by: Email only \_\_\_\_\_ Printed copy only \_\_\_\_\_ (please check one)

Need another name badge? **Print** the name(s) here: \_\_\_\_\_

What areas could you help with in 2009? **Activities Communication Publicity Newsletter Membership**

Would you like to be involved with the Board of Directors for 2009 or 2010? **Yes No**

Would you like to be an Exchange Director? Inbound **Yes No** Outbound **Yes No**

Are you able to home host in 2009? **Yes No** How many beds do you have available? \_\_\_\_

Can you be a day host \_\_\_\_ or a dinner host \_\_\_\_ during an inbound exchange?

Do you belong to another club or organization that we might be able to network with? **Yes No**  
Name and contact person's info if you have it \_\_\_\_\_

Dues payment enclosed: \_\_\_\_ \$35 per person or \_\_\_\_ \$65 per family

Optional payment for the FFI magazine enclosed: \_\_\_\_ \$10 for the year (2009)

Total amount enclosed: \$ \_\_\_\_\_ Send to: The Friendship Force of Sacramento  
P.O. Box 584  
Roseville, CA 95661

Any questions please call Chris Smith, Membership Chair at (916) 930-0922