



# The Friendship Force of Sacramento

[www.thefriendshipforce.org](http://www.thefriendshipforce.org)  
[www.friendshipforcesacramento.com](http://www.friendshipforcesacramento.com)



February 2010

## Special points of interest

- Feb. 4th  
Crafters' Work Session
- Feb. 24th  
Board Meeting  
2:00 p.m. at the  
Fair Oaks Library
- Feb. 24th  
General Meeting  
3:30 p.m. at the  
Fair Oaks Library
- March 7th  
1:00 - 4:00 p.m.  
World Friendship  
Day Celebration  
Fair Oaks Com-  
munity Center

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## Message from Pat Ghiglieri, President

The board meeting on January 27<sup>th</sup> was lively with all members contributing their new ideas for 2010. One of the decisions at the meeting was to begin each General Meeting with reciting the Friendship Force Pledge. This will remind us of why we are an organization. The pledge will be on your seats as you enter the meeting in the future.

Marty McKnew presented her pictures of her recent trip to Myanmar, which were fabulous. We have another "professional" photographer in the group! After the meeting 26 of us went to the Thai Chef House for dinner.



Please pay attention to any emails from our new Communications Chair, Shirlee Deter. She is looking at some new and innovative ways to communicate with you, but she needs your assistance in letting her know your needs.

TURKEY is our outbound exchange for 2011 with a tentative date of September. We are thrilled. Signup sheets were started at this meeting, but there is plenty of time to place your name on an interest list. Contact Vice President Dick Latimer if you will not be attending our next meeting. His email address is: [richard.latimer@comcast.net](mailto:richard.latimer@comcast.net)

Our assigned club as an inbound will be Kiel, Germany, in November 2011. The German Clubs so enjoy coming to Sacramento and we will show them another great time.

Montreal has cancelled the exchange scheduled for this June. We will be contacting FFI and inquire with some other clubs if they wish to take that June slot.

World Friendship Day is shaping up to be the BEST ever. Please support our chairpersons, Glendena and Madelene. Read this newsletter all the way through to get ALL the news. There will be many requests and we hope you will come through for them and our club.

The Florida exchange was small but mighty. The weather continued to be on the cool side, but we still managed to do a great deal and learned one or two new ideas for us to incorporate into our exchanges too. Join us on Feb. 24<sup>th</sup> for a short meeting of announcements and then a presentation from the Ambassadors from this exchange.

Financially we are in good shape as a club and hope to continue in the black. Many thanks to our crafters and the work everyone has done to make money for our club. Support them too by purchasing items. Many of their items are wonderful hostess gifts.

Our March schedule will be slightly different with a board meeting on March 17<sup>th</sup> and the General Meeting on March 24<sup>th</sup>. The General Meeting will be in the evening with a presentation from someone very knowledgeable about France and the region our club is going to in May.

We are looking forward to a great year. Pat Ghiglieri

## CALENDAR OF EVENTS

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<b>Exchange Dates and Events: 2010</b>	
Feb. 4	9:00 a.m. to 4:00 p.m. Crafters' work session at Madelene English's, 4066 Coldwater Dr., Rocklin. All are welcome. Bring bag lunch and RSVP: 435-3662
Feb. 24	2:00 p.m. Board Meeting at Fair Oaks Library, 11601 Fair Oaks Blvd., Fair Oaks (corner of Madison & Fair Oaks Blvd.)
Feb. 24	3:30 p.m. General Meeting: Presentation about Florida Exchange
Mar. 7	1:00 p.m. to 4:00 p.m. WORLD FRIENDSHIP DAY CELEBRATION Fair Oaks Community Center
Mar. 17	2:00 p.m. Board Meeting at Fair Oaks Library, 11601 Fair Oaks Blvd., Fair Oaks (corner of Madison & Fair Oaks Blvd.)
Mar. 24	5:30 p.m. to 6:00 p.m. Light dinner preceding the 6:00 p.m. to 7:30 p.m. General Meeting at Fair Oaks Library Marie-Clemence Mayssonnier will speak about France and "Do's and Don'ts in Paris"
May 3 -10	OUTBOUND EXCHANGE - Pau, France Barbara Beland, Exchange Director
Oct. 16-18	Friendship Force International Conference - Washington, D.C. Go to <a href="http://www.regonline.com/2010_world_conference">www.regonline.com/2010_world_conference</a> to reserve a space.
<b>Exchange Dates 2011</b>	
September	OUTBOUND EXCHANGE - Karsiyaka Bay, Turkey
November	INBOUND EXCHANGE - Kiel, Germany

## EXCHANGES

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### OUTBOUND EXCHANGE TO PAU, FRANCE MAY 2010

Twenty-five members of the Sacramento FF Club will visit the city of Pau in southern France May 3-10, 2010 for a one-week home stay. Barbara Beland, the Exchange Director, has been communicating with Alain Vaissiere, the Pau ED to plan this exchange. Pau is in the southwestern region of France, very near the Pyrenees mountains and fairly close to the border with Spain. Pau has one of two FF clubs in France.

Our twenty-five ambassadors are Barbara Beland, Tom Flynn, Pat and Bob Ghiglieri, Marlene Grass, Jim and Karalee Heilman, Rona and Sid Katz, Judy Maas, Kathy and Scott Matthews, Mimi Mattock, Marty McKnew, Ken and Linda Mellor, George and Lynn Meyer, Joe and Rose Phelan, Chris and Julia Smith, Carol Tilley, Karen Wicks, and Audrey Wiechman. There have been pre-exchange meetings, and on Wednesday, March 24<sup>th</sup> at the General Meeting, we will have an interesting speaker. Marie-Clemence Mayssonnier will speak about France and "Do's and Don'ts in Paris" from 6-7:30 pm.

According to Alain Vaissiere, the exchange will include visits to the basque country, St. Jean de Luz, Biarritz, a vineyard, a museum showing the typical life of the mountain country, and a farewell party with Bearnais singers and dancers in traditional costumes.

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### MONTREAL EXCHANGE CANCELLED

The inbound Montreal exchange scheduled for June has been cancelled due to lack of interest. Our club is making an effort to have another incoming exchange since this was our only one for 2010.

Carol Tilley, Exchange Director

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### 2011 EXCHANGES

Atlanta has assigned us an Outbound Exchange to Turkey in 2011. If you're interested in signing up, details are in the President's Message on page one. They have also assigned us an Inbound Exchange from Kiel, Germany in November 2011. These both sound great!

## ANNOUNCEMENTS

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### SACRAMENTO FREE MUSEUM DAY

**This Saturday**, February 6th, 26 museums in Sacramento County will be open *free to the public* between 10:00 a.m. and 4:00 p.m.

This is an opportunity for our members who plan to home host or day host Ambassadors or other guests to acquaint themselves with museums in the area. If you have not visited some of our spectacular museums in the past few years, this is an ideal time to do so.

For more information, you may call the Sacramento Convention & Visitors Bureau at 1-800-292-2334 or visit or call the Old Sacramento Visitor's Bureau at 2nd & K Streets, 916-442-7644.

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### A THANK YOU TO COMMITTEES AND MEMBERS

Your Publicity Chairman would like to express his appreciation to those members who, when called upon, volunteered to help distribute our 2010 Club Brochure and our World Friendship Day Flyer. They covered Sacramento, South Placer, El Dorado & Yolo Counties!

**A big "Thank You" to** **Suzanne Latimer, Madelene English, Jim Hanson, Margaret Winslow, Herb Alber, Mimi Mattock, and Karen Wicks.**

While individual members can distribute the Brochures to friends and neighbors and/or post them in businesses throughout 2010, the World Friendship Day Flyers for March 7<sup>th</sup> are time sensitive. WFD is our major outreach activity and is critical since about 1 in 4 of our members, mainly new members, do not renew their memberships for various reasons. This happened between 2009 & 2010 despite the efforts of Tom Flynn, our 2009 Activities Chairman, who instituted an attractive array of presentations after board meetings and arranged numerous dine-out get-togethers, and Glendena Honeick, our 2009 Membership Chairlady, who hosted many new member orientations. We need to make a concerted effort this year to include new members in our activities and to extend to them to a much greater degree our "Hand of Friendship."

Finally, a special "Thank You" to **Carol Ward** who is now heading a committee to expand our library displays. Carol has updated our materials and is working on a second display for smaller sized showcases. She will be asking for help, so please consider volunteering for this important project.

Should anyone need more Brochures or Flyers to emulate **Norma Leopold** who in 2009 should have received a recruitment award, please contact me.

Arnie Garverick, Publicity Chairman, 916-363-6191 or [a.garverick@sbcglobal.net](mailto:a.garverick@sbcglobal.net).

## ANNOUNCEMENTS

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### AN IMPORTANT CHANGE IS TAKING PLACE

Our new board has decided to try something new. Instead of having a committee call all members with reminders each month, we have decided to send out a brief email reminder about one week before an event that needs one.

**The only people we will call are:**

1. Those without email, unless they request no calls
2. New members during their first year
3. Other members who request a call. **Please call or email me if you want to be called.**

We want as much participation as possible at each event for you are what make the club vital and exciting. We know that not everyone can attend every event, but we don't want you to miss out because you were not notified in a timely manner.

The monthly newsletter is your most important piece of information, including pertinent dates and times of coming activities. **I encourage you to read it as soon as it arrives and save it on your computer or print out a hard copy.** It is also on our website: [www.friendshipforcesacramento.com](http://www.friendshipforcesacramento.com). I welcome your feedback and look forward to serving as Communications chair.

Shirlee Deter  
530-626-1038 or [rsdeter@dishmail.net](mailto:rsdeter@dishmail.net)

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### NAME BADGES

Any member needing a new Friendship Force Badge, please contact Rona Katz by Feb. 10th at [Friendship ForceSacramento@surewest.net](mailto:FriendshipForceSacramento@surewest.net) and send her \$8.70 at 201 Mustang Ct., Roseville, 95747.

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### MEMBERSHIP ROSTER

All members should have received the new January Roster. Three errors have been reported: Evelyn Fallon's email address should be [efallon@pacbell.net](mailto:efallon@pacbell.net), Patty Wood's email address should be [pjwood09@att.net](mailto:pjwood09@att.net), and Simonettes' phone number should be 489-6605. It is right on the alphabetical list but wrong on the city list. Please check the roster and notify Rona Katz (see above) if you have any other changes.

Also, it has been suggested, for the sake of all members' privacy, that we **shred the old roster** instead of simply discarding it. If any of you don't have a shredder, you're welcome to bring the old rosters to the next meeting, and one of us will take it home and shred it for you.

## ANNOUNCEMENTS

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**HAVE YOU INVITED AT LEAST FIVE GUESTS  
TO OUR WORLD FRIENDSHIP DAY?**

**HAVE YOU CALLED AND VOLUNTEERED  
TO ASSIST WITH THIS SPECIAL DAY?**

On March 7<sup>th</sup>, 2010 - from 1:00 p.m. to 4:00 p.m. we will host our 4<sup>th</sup> annual **World Friendship Day** celebration at the Fair Oaks Community Clubhouse - located at 7997 California Avenue - across from the Slocum House restaurant. This celebration is open to the public and we offer **free** food, drink and international entertainment plus videos, photos and displays of places our club has been to on past exchanges - but to do so - IT TAKES **YOU** - and **YOU** and **YOU** as VOLUNTEERS. This is your opportunity to invite your friends and family and participate in an "all member" experience.

This year we are inviting our President & CEO, George Brown of Atlanta, Mike Gittleman, the FFI West Coast Field Representative AND our regional clubs - San Francisco, Napa-Sonoma, Los Angeles, Santa Barbara, Kern - Orange - San Diego Counties, Honolulu, Kauai, Las Vegas and Reno-Tahoe. We are also offering Saturday and/or Sunday home-hosting to assist those that may want to enjoy our festivities. Call and add your name to the list so you can be part of this memorable event.

**Call TODAY: Carol Tilley: Hosting Chair**

Phone: 916-434-6245 Email: caroljtilley@hotmail.com.

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One of the highlights of our festivity is the 24 ft. center refreshment table laden with platters of homemade cookies, cheese, crackers, and fruit. We need every member to help with this donated endeavor. Please call or email our Food/Kitchen Chair and offer your platter of savory goodies.

**Call TODAY: Rose Phelan - Food/Kitchen Chair**

Phone: 916-408-4066 Email: roseph@sbcglobal.net

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Having our members and guests "*travel around the world*" with us is a big part of our celebration. We need your memorabilia to display the FFI theme this year, "*Friendship on Six Continents*". Decorated tables will rim the auditorium - we need your items.

**Call TODAY: Lynn and George Meyer - Exchange Display Chairs**

Phone 987-2426 Email: lgarrettmeyer@earthlink.net

Call today! Don't miss out on the FUN!!!

Glendena Honeick & Madelene English - Chairs of WFD, March 7, 2010

## ANNOUNCEMENTS

**YOU ARE INVITED!**

**The Friendship Force of Sacramento**  
is celebrating

**“WORLD FRIENDSHIP DAY”**

**Travel "around the world" with our colorful displays  
while you enjoy • Free Food • Free Music**

*AND* - **Free Entertainment on stage:** including  
Scottish bagpipes - Russian Character ballet - Irish Ceilie (*Keelee*)  
dancers - Mexican folk dancing - Hmong dancers - & others

*"A World of Friends is a World of Peace"*

**March 7, 2010**

**1:00 p.m. to 4:00 p.m.**

**Fair Oaks Community Clubhouse Auditorium**

**7997 California Avenue, Fair Oaks, Ca.**

**( Village Park – in Old Town Fair Oaks – across from the Slocum House restaurant )**

**COME JOIN US !**

**Friendship Force International** - a non-profit organization that promotes Cultural understanding through **Travel** and **Homestays** in over 60 countries - nominated for The Nobel Peace Prize in 1992.

*For more information please contact:*

Madelene English-WFD Co-Chair (email) [madie@starstream.net](mailto:madie@starstream.net) - or directly at (916) 435-3662

Glendena Honeick - WFD Co-Chair (email) [glendenah@me.com](mailto:glendenah@me.com) - or directly at (916) 989-2595

## ANNOUNCEMENTS

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### Wonderful Karsiyaka Bay in 2011

If you are not excited about next year's exchange to Karsiyaka Bay, Turkey, you should be. Rose and I went there three years ago with the Orlando club and had a wonderful time. It was our second visit to Turkey, the first being a follow-up visit with two Turkish ladies, Ayse and Necla, whom we had home hosted here about 8 years ago. We are still in frequent contact with them. In all, we've spent about six weeks in Turkey and frankly, Turkey may just be my favorite country of all.

Karsiyaka Bay is one of three clubs located in Izmir. The club isn't large but quite active. We had a very busy week highlighted with a day-visit to biblical Ephesus plus a special visit to a nearby closed archeological site, Metropolis---it dates back to the Iron Age. The people in Turkey are lovely, their Mediterranean cuisine excellent and the place drips with culture and history. And Izmir, on the coast, is a fun place to visit with both a modern city and an ancient part of town. And Turkey, the most modern of the Islamic countries, is fascinating with sharp contrasts of valleys and mountains, old and the new, Greek and Roman ruins in better shape than in Greece, and exposure to the Muslim world which is worth the trip in itself.

Anyway, thank you Atlanta for a wonderful assignment.

Joe Phelan

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## MEMBER PROFILES

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**Scott & Kathy Matthews:** I was born in San Francisco and raised in Sacramento. I'm a Viet Nam veteran and a graduate of CSUS. I met Kathy while working together at the Environmental unit of Cal Trans in San Bernardino. We love to explore the nooks and crannies of the world. When our four daughters were younger, we camped and fished throughout the North American Great Northwest and Western States. Since then we have taken one or more of our daughters with us on trips to Europe and Asia. Now that they're on their own we love to travel with Friendship Force to meet new people and learn about new cultures.

Both of us are retired from the State of California Energy Commission. Kathy assessed the environmental impacts of major energy projects. I had the privilege of working in every area in energy including assessing the demand and supply of electricity, fossil fuels and their alternatives. But my passion was for energy conservation, and I served as the Director for Energy Efficiency during the 2001 Energy Crisis. My final years were as the Commission's Chief Deputy Director.

Kathy has been heavily involved in community service, serving on the boards of San Juan Water and the So. Placer Fire Districts. She enjoys Rosemalling (Scandinavian Tole Painting) and collecting gem stones, while I shoot and edit video. Kathy is a member of the Granite Bay Kiwanis Club, and I enjoy cooking at the fundraisers. Acting as your club treasurer also keeps me busy. All four of our daughters are married (and employed!), and we have one granddaughter and eight grand nieces to play with.

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**Judy Maas:** I was born in Sacramento and grew up on a ranch nearby. After graduating from UC Davis, I married and moved to the east coast and then Houston, TX. After 11 years I divorced, and my son, daughter, and I moved back to Northern Calif., settling in Concord where I sold real estate for 30 years. Then 4 years ago I retired (with my 2 cats) to Roseville, near my daughter and her husband and two boys. My son and his wife live about 3 hours away in Campbell.

As a single parent and Realtor all those years, I did very little travelling, so I've only traveled abroad in the last few years. The recent exchange to New Zealand was my first outbound trip with Friendship Force, and I'm looking forward to the coming trip to France. I've hosted ambassadors from Australia and San Diego and have helped in other ways on other incoming exchanges. I am currently the editor of our monthly newsletter and am greatly enjoying the friends I have made through FF.

I enjoy cooking, sewing, gardening, crafts, games, photography, and the outdoors. I am also involved with AAUW (American Association of University Women), and I volunteer as a Green Ambassador for the city of Roseville, promoting renewable energy, waste reduction and water conservation.

## Mission

To promote global understanding across the barriers that separate people



## Values

- Mutual Respect
- Cultural Diversity
- Cultural Exploration
- Service



## Vision

- Each individual will make a contribution to global goodwill.
- The Friendship Force worldwide network of clubs and individuals will overcome differences among people and nations.
- By connecting the world, one friend at a time, we will create a world of friends that becomes a world of peace.

# SUMMARY OF BOARD MEETING MINUTES

**Held:** January 27, 2010 at the Sheriff's Building, 2500 Marconi Ave, Sacto.

**Present:** 10 board members, 10 members      **Membership Roster Count:** 108

**Motions Approved:** Treasurer's report • All itemized bills over \$200, including \$732 to FFI for club affiliation fee • Four elected officers as signators for check-writing purposes • November 2011 Inbound Exchange with Kiel, Germany and September 2011 Outbound Exchange to Karsiyaka, Turkey • Budget for outbound Pau Exchange • FFI pledge to be recited at general meetings.

### Reports:

**Internal Audit:** Judy Maas & Richard Latimer found the financial records for Oct. 2008-Sept. 2009 to be correct and current.

**Activities:** The March board meeting will be held March 17 at Fair Oaks Library, but the March general meeting and program will be held March 24 at the Sheriffs' Community Room. Time to be determined.

**Crafts:** New crafters are welcome at the next craft day on Feb. 4 at Madelene's.

**World Friendship Day, March 7:** Pat will send an invitation to FFI President George Brown, West Coast Region Field Rep Mike Gittleman, & to 9 clubs in CA, NV, and HI. Carol Tilley will organize overnight stays for those in need.

**Publicity:** New club brochures & flyers have been distributed to members. Carol Ward needs help with library displays.

**Exchanges:** Montreal has cancelled June exchange. Pat will seek others. Our club treasury has a net gain of \$468.95 from New Caledonia Exchange.

### Board Members

(Area Code is 916 unless otherwise noted)

President: Pat Ghiglieri <a href="mailto:pat.ghiglieri@sbcglobal.net">pat.ghiglieri@sbcglobal.net</a>	933-6312	Membership: Rona Katz <a href="mailto:ronasu@surewest.net">ronasu@surewest.net</a>	771-8987
Vice-President: Richard Latimer <a href="mailto:richard.latimer@comcast.net">richard.latimer@comcast.net</a>	363-9555	Activities: Marty McKnew <a href="mailto:MartyMcKnew@comcast.net">MartyMcKnew@comcast.net</a>	691-1347
Secretary: Audrey Wiechman <a href="mailto:awiechman@msn.com">awiechman@msn.com</a>	481-4073	Past President: Jim Hanson <a href="mailto:hanson12@comcast.net">hanson12@comcast.net</a>	435-3662
Treasurer: Scott Matthews <a href="mailto:scottmattgm@gmail.com">scottmattgm@gmail.com</a>	791-1626	Publicity: Arnie Garverick <a href="mailto:a.garverick@sbcglobal.net">a.garverick@sbcglobal.net</a>	363-6191
Communications: Shirlee Deter <a href="mailto:rsdeter@dishmail.net">rsdeter@dishmail.net</a>	530-626-1038	Newsletter: Judy Maas <a href="mailto:jemaas@aol.com">jemaas@aol.com</a>	772-7764

### MARCH 2010 NEWSLETTER DEADLINE

The deadline for submission of articles/events is February 25, 2010  
Please submit your articles to: [jemaas@aol.com](mailto:jemaas@aol.com)